

November Menu

The Murrieta Senior Center's Lunch Program is at 11:30 am Monday thru Friday
 Please call 24 hours in advance (**by 12:30 pm**) for reservations: (951) 461-6123
For Monday reservations please call the preceding Friday by 12:30 pm.

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 Hamburger Carrots Potato Wedges Tropical Fruit	11/3 Stuffed Green Pepper Mixed Vegetables Orange Vanilla Pudding	11/4 Grilled Ham Peas & Carrots Mashed Potatoes Mandarin Orange	11/5 Herbed Tuscan Cod Broccoli Spears Steamed Rice Mandarin Orange	11/6 Cilantro Grilled Chicken Collard Greens Noodles Jell-O
11/9 Beef Lasagna Spinach Garlic Bread Pineapple Tidbits	11/10 Tuna Salad Sandwich Peas & Carrots Tomato Wedges Tropical Fruit	11/11 CLOSED	11/12 Sweet & Sour Pork Mixed Vegetables Rice Banana	11/13 Turkey Loaf Brussels Sprouts Mashed Potatoes Cantaloupe
11/16 Beef Burgundy Broccoli Egg Noodles Vanilla Pudding	11/17 Turkey Vegetable Primavera Italian Vegetables Fettuccine Orange	11/18 Pork Chop Cauliflower White Rice Sliced Peach	11/19 Caribbean Jerk Chicken Spinach Brown Rice Tropical Fruit	11/20 Roasted Turkey Mashed Potatoes Green Beans Corn Stuffing Pumpkin Pie
11/23 Roasted Chicken Cauliflower Rice Pilaf Apricots	11/24 Chili Beef Carrots Corn Tropical Fruit	11/25 Chicken Caesar Salad Mixed Greens Breadstick Mixed Fruit	11/26 CLOSED	11/27 CLOSED
11/30 Cheese Enchiladas Ranch Beans Mandarin Oranges				

60 years and older: \$3.00 **Optional Donation**
 Milk, Bread, & Margarine is served at every meal!
Menus subject to change without notice

Each person must fill out a Senior Intake Form (see office for details)